



## Victim Safety/Trauma Plan

### Instructions:

1. If there is reason to believe that sexual abuse/sexual assault has occurred, a victim safety/trauma plan is to be completed in order to assure the physical and psychological safety of the victim.
2. If the allegation is made after hours, the milieu supervisor will contact the Clinical Director, Clinical Service Provider/Mental Health Professional on-call and/or Facility Administrator in order to complete an initial plan that addresses the steps below.
3. Within 24 hours of the alleged assault, the victim safety/trauma plan should be reviewed and updated by a multidisciplinary team comprised of clinical staff and staff from all program areas that will have supervisory responsibility for the alleged victim.
4. Please refer to Policy 9.19; Sexual Contact Prevention Policy to ensure compliance with all areas after an alleged assault has occurred.

### Step 1:

Based on the initial interview with youth, identify the components of the victim safety/short-term trauma plan. Please ensure that all these areas are addressed in plan.

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| <input type="checkbox"/> Mental health counseling            | <input type="checkbox"/> Monitoring for post-traumatic stress symptoms (Not sleeping, Bad dreams, etc.) |
| <input type="checkbox"/> Staff/peer support, Who _____       | <input type="checkbox"/> Monitoring for suicidal impulses   |
| <input type="checkbox"/> Psychiatric assessment              | <input type="checkbox"/> Relaxation Skills  |
| <input type="checkbox"/> Family contact/other support: _____ | <input type="checkbox"/> Possibility of Retaliation   |
| <input type="checkbox"/> Evaluation of sleeping location     | <input type="checkbox"/> Critical & Police Filing Packet  |
| <input type="checkbox"/> Preserve Evidence/Crime Scene       | <input type="checkbox"/> Call Law Enforcement   |
| <input type="checkbox"/> Separation from Aggressor           | <input type="checkbox"/> Medical Review Immediately   |
| <input type="checkbox"/> Notify Supervisor                   | <input type="checkbox"/> Ongoing Medical Evaluation(s)  |
| <input type="checkbox"/> Notify and Arrange for SANE Program | <input type="checkbox"/> Other  |

### Step 2:

Describe the steps to assure that the alleged victim and the aggressor are physically separated. This plan should address the following at a minimum:

- Room assignment and other living arrangements
- Participation in educational/vocational programming, recreation, leisure activities, etc.
- Staff supervision and monitoring procedures

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**Step 3:**

Identify the monitoring and supervision procedures to ensure that the alleged victim is protected against potential emotional or physical abuse or retaliation by other youth for disclosing.

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**Step 4:**

Identify high-risk behaviors the youth may display (e.g., isolating, angry outbursts, bad dreams, flashbacks, sleeping a lot, etc.) and coping skills he/she can utilize during this time:

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