

# *Suggestions for Additional Reading*

If you have access to a library or some other means of ordering books, you may want to consider reading any of the following hand/books:

***The Rape Recovery Handbook: Step-by-Step Help for Survivors of Sexual Assault*** by Aphrodite Matsakis, PhD. (New Harbinger Publications, 2003).

Handbook for survivors of sexual assault and rape. Includes information on the impact of sexual assault and healing exercises.

***Jailhouse Lawyer's Manual: How to Bring a Federal Lawsuit to Challenge Violations of Your Rights in Prison***, by the Center for Constitutional Rights and the National Lawyers Guild (4<sup>th</sup> Edition, 2003).

Can be downloaded for free at [www.jailouselaw.org](http://www.jailouselaw.org). If you are unable to download the Handbook and would like to receive a copy via mail, write to the National Lawyers Guild and enclose \$2.00 in stamps, check or money order (to "NLG") with your request and send it to:

National Lawyers Guild  
132 Nassau Street, RM 922  
New York, NY 10038

***Razor Wire Women***, edited by Jodi Michelle Lawston and Ashley E. Lucas (SUNY Press, 2011).

Covers a range of issues faced by women behind bars, including sexual violence. Contributors include currently and formerly incarcerated women, scholars, artists, educators, and activists.

***Trauma and Recovery***, by Judith Herman, M.D. (Basic Books, 1997).

A classic text that describes reactions to trauma and stages of recovery.

**\*Please be aware that JDI does not have the resources to send books to prisoners. If you would like a list of prison book programs, please let us know.**